

**ĐỀ THAM KHẢO ĐỀ SỐ 02
THEO MINH HỌA
MỚI NHẤT 2025****LUYỆN THI TỐT NGHIỆP TRUNG HỌC PHỔ THÔNG
Môn : TIẾNG ANH***Thời gian làm bài: 50 phút; Không kể thời gian phát đề*

Họ, tên thí sinh:

Số báo danh:

Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6:

JOIN THE FITNESS REVOLUTION

Are you looking to get (1)_____ shape but don't know where to start? Our online fitness platform gives you access to the best workouts to fit your schedule. Whether you prefer yoga, cardio, or strength training, we've got something for everyone. You can (2)_____ our workouts anytime, anywhere, without needing any special equipment. Plus, our expert trainers are always available to help (3)_____ your form and provide tips for improvement. Don't wait to (4)_____ your fitness goals – sign up today and enjoy a free month of workouts! No matter your fitness level, you'll (5)_____ results and feel better than ever. Remember, your journey (6)_____ with the first step.

- | | | | | |
|--------------------|-----------|--------------|-------------|-----------|
| Question 1: | A. off | B. in | C. up | D. on |
| Question 2: | A. skip | B. access | C. complete | D. ignore |
| Question 3: | A. take | B. advise | C. correct | D. adapt |
| Question 4: | A. reach | B. find | C. look | D. search |
| Question 5: | A. watch | B. see | C. buy | D. skip |
| Question 6: | A. begins | B. completes | C. agrees | D. ends |

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 7 to 12.

Stress Management Tips

Feeling overwhelmed? Managing stress is crucial for maintaining both mental and physical health.

Stress Facts: Did you know that over 50% of people (7)_____ from high levels of stress? Chronic stress can affect your overall well-being and lead to fatigue.

Steps to Manage Stress:

- Practice deep breathing! This simple technique can (8)_____ calmness and lower anxiety.
- Stay active! Exercise helps reduce stress by releasing endorphins and boosting (9)_____ mood.
- Get organized! (10)_____ letting stress build up, manage your time and tasks effectively to (11)_____ feeling overwhelmed.
- Seek support! Talk to friends or a counselor if you're feeling (12)_____ by stress.

Question 7. A. suffer B. enjoy C. recover D. lower

Question 8. A. protect B. promote C. avoid D. decrease

Question 9. A. overall B. temporary C. low D. minimal

Question 10. A. On account of B. Despite
C. Instead of D. Due to

Question 11. A. avoid B. beg C. delay D. postpone

Question 12. A. defeated B. distracted C. relieved D. Relaxed

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17.

Question 13.

- a. David: Hey, Sarah! You've been traveling a lot lately, right?
b. David: That's amazing! How was the experience?
c. Sarah: Hi, David! Yes, I just got back from Europe.

A. a-b-c B. c-a-b C. a-c-b D. b-a-c

Question 14.

- a. Kate: I'm starting with landscapes, but I want to try portraits eventually.
b. Kate: I've decided to take up painting as a hobby.
c. Anna: That sounds like a lot of fun!
d. Kate: Yeah, it helps me relax after work.
e. Anna: What kind of painting are you doing?

A. a-c-e-b-d B. b-c-d-e-a C. a-d-c-e-b D. a-b-d-c-e

Question 15.

Hi Josh,

- a. I managed to fix the issue with my laptop, thanks to your advice.
- b. It was just a small technical glitch, but I wouldn't have figured it out on my own.
- c. Now it's running smoothly, and I can get back to work.
- d. By the way, let's grab coffee sometime next week!
- e. I'd love to hear about your latest project.

Best,

Emma

- A. a-b-c-d-e B. b-a-d-c-e C. a-c-b-e-d D. a-b-e-c-d

Question 16.

- a. Having a daily routine really keeps me organized.
- b. I start my day with a short meditation session followed by a healthy breakfast.
- c. Then, I plan out my tasks and set aside time for each.
- d. This helps me stay productive throughout the day without feeling overwhelmed.
- e. In the end, I feel much more accomplished and balanced.

- A. a-c-b-d-e B. a-b-c-d-e C. b-c-a-e-d D. a-d-c-b-e

Question 17.

- a. The local park has been renovated and now features a brand-new playground.
- b. However, the increase in visitors has led to some littering issues.
- c. Many families and children enjoy spending time there on weekends.
- d. To address this, the city plans to install more trash bins and hire extra staff for maintenance.
- e. Overall, it's a great improvement, but keeping the park clean will require community effort.

- A. a-c-b-d-e B. a-b-e-c-d C. a-c-d-b-e D. a-d-b-c-e

Read the following passage about language learning and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 18 to 22.

Learning a new language can be a transformative experience, opening doors to new cultures and perspectives. (18) _____. It enhances cognitive skills and increases career opportunities. The process of acquiring a new language also helps individuals

understand and appreciate the nuances of different cultures. (19) _____. This cultural insight fosters empathy and broadens one's worldview.

One of the most significant benefits of language learning is its impact on communication. (20) _____. Language learners can connect with people from diverse backgrounds, facilitating friendships and professional relationships. This exchange of ideas enriches our lives and promotes a more inclusive society.

To succeed in language learning, consistency and practice are key. (21) _____. Engaging with native speakers, consuming media in the target language, and practicing speaking can accelerate proficiency. Language learning is not just about memorizing vocabulary; it's about immersing oneself in the language.

Finally, sharing the knowledge gained through language learning can empower others. (22) _____. By teaching what we've learned, we contribute to a community of learners and foster a culture of understanding and collaboration.

Question 18.

- A. Language learning is often tedious.
- B. Learning a language can be beneficial.
- C. Only children can learn new languages.
- D. Language skills are overrated.

Question 19.

- A. Understanding cultures is unnecessary.
- B. Cultural knowledge can hinder communication.
- C. Language learning promotes cultural understanding.
- D. Culture is irrelevant to language learning.

Question 20.

- A. Language learning isolates individuals.
- B. Communication skills are not affected by language learning.
- C. Language learning can enhance interpersonal communication.
- D. Learning a language is a solitary process.

Question 21.

- A. Consistent practice is essential for language learning.
- B. Language learners should avoid native speakers.
- C. Practicing in isolation is effective.
- D. Memorizing vocabulary is the only requirement.

Question 22.

- A. Sharing knowledge hinders language acquisition.
- B. Teaching others can strengthen our own skills.
- C. Language skills are only for personal use.
- D. Only experts can share their knowledge.

Read the following passage about cultural diversity and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.

Cultural diversity refers to the presence of multiple cultural groups and their practices within a society. It **encompasses** various aspects such as language, traditions, beliefs, and values. Embracing cultural diversity can lead to a more inclusive and harmonious society, where individuals appreciate and respect differences. This diversity enriches communities by introducing new perspectives, fostering creativity, and promoting mutual understanding.

One significant benefit of cultural diversity is the exchange of ideas and knowledge. When people from different cultural backgrounds interact, they share their unique experiences and insights. This exchange can lead to innovative solutions and improvements in various fields such as science, art, and business. Moreover, cultural diversity can **enhance** social cohesion by encouraging people to work together and learn from one another.

Education plays a crucial role in promoting cultural diversity. Schools and universities can create inclusive environments by incorporating diverse perspectives into their curricula and encouraging students to engage with different cultures. By doing so, educational institutions help students develop a global mindset and prepare them for a multicultural world. Additionally, exposure to diverse cultures at a young age can reduce prejudices and promote tolerance.

In the workplace, cultural diversity can boost productivity and creativity. Diverse teams bring together individuals with different skills, viewpoints, and problem-solving approaches. This variety can enhance decision-making processes and lead to more effective and innovative solutions. Companies that prioritize cultural diversity also tend to have a more positive work environment and higher employee satisfaction.

Despite **its** benefits, cultural diversity also presents challenges. Misunderstandings and conflicts can arise when people from different cultural backgrounds interact. To address these challenges, it is essential to promote open communication and cultural competence. By

fostering an inclusive culture, societies and organizations can maximize the benefits of cultural diversity while minimizing potential conflicts.

Question 23. Which of the following is NOT mentioned as an aspect of cultural diversity?

- A. Language B. Traditions C. Technology D. Values

Question 24. The word "encompasses" in paragraph 1 is closest in meaning to:

- A. excludes B. includes C. diminishes D. separates

Question 25. The word "its" in paragraph 5 refers to:

- A. cultural diversity B. interaction
C. exchange of ideas and knowledge D. unique experiences

Question 26. The word "enhance" in paragraph 2 could be best replaced by:

- A. worsen B. enrich C. ignore D. simplify

Question 27.

Which of the following best paraphrases the underlined sentence in paragraph 3?

- A. Education should avoid addressing cultural diversity.
B. Education plays no role in promoting cultural diversity.
C. Schools and universities should incorporate diverse perspectives.
D. Educational institutions should focus solely on local cultures.

Question 28. Which of the following is TRUE according to the passage?

- A. Cultural diversity always leads to misunderstandings.
B. Cultural diversity has no impact on creativity.
C. Cultural diversity can reduce prejudices and promote tolerance.
D. Cultural diversity is irrelevant in the workplace.

Question 29. In which paragraph does the writer mention the role of cultural diversity in the workplace?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 30.

In which paragraph does the writer discuss the challenges of cultural diversity?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 5

Read the following passage about lifelong learning and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.

[I] Lifelong learning is the ongoing, voluntary, and ***self-motivated pursuit*** of knowledge for personal or professional development (Knowles, 2020). [II] This concept emphasizes that learning does not stop after formal education, but rather continues throughout an individual's life, adapting to changing circumstances and needs. [III] In today's fast-paced world, where technology and job markets evolve rapidly, lifelong learning has become increasingly essential. [IV]

One of the primary benefits of lifelong learning is its ability to enhance employability. Individuals who engage in continuous education are more likely to keep their skills relevant and competitive in the job market. According to a report by the World Economic Forum (2021), over 50% of employees will need reskilling due to technological advancements in the coming years. Lifelong learners are better equipped to adapt to these changes, making them more attractive candidates for employers.

Moreover, lifelong learning contributes to personal fulfillment and mental well-being. Engaging in new learning experiences can stimulate the brain, foster creativity, and improve cognitive function. Research indicates that individuals who pursue learning opportunities throughout their lives tend to report higher levels of happiness and life satisfaction (Smith & Johnson, 2019). Whether it is taking a course, learning a new language, or picking up a new hobby, the process of acquiring knowledge can be ***enriching*** and enjoyable.

In addition, lifelong learning promotes social engagement and community involvement. Participating in educational programs or community workshops can foster connections with others who share similar interests. This social aspect of learning can enhance one's sense of belonging and support networks, which are crucial for mental health (Jones, 2022).

Overall, lifelong learning is not just an individual responsibility; ***it*** requires support from educational institutions, employers, and communities to create an environment conducive to continuous education. By fostering a culture of learning, society can better prepare individuals for the challenges of the future and ensure that everyone has the opportunity to thrive.

(Adapted from *The Importance of Lifelong Learning* by Knowles, Smith, Johnson, and others)

Question 31. Where in paragraph I does the following sentence best fit?

Lifelong learning encourages individuals to embrace new skills and knowledge throughout their lives.

A. [I]

B. [II]

C. [III]

D. [IV]

Question 32. The phrase "self-motivated pursuit" in paragraph 1 could be best replaced by ____.

- A. external pressure to learn
- B. voluntary quest for knowledge
- C. obligatory education
- D. structured learning environment

Question 33. The word "it" in paragraph 5 refers to ____.

- A. lifelong learning
- B. employability
- C. personal development
- D. individual responsibility

Question 34. According to paragraph 2, which of the following is NOT a benefit of lifelong learning?

- A. Keeping skills relevant
- B. Enhancing employability
- C. Guaranteeing job security
- D. Adapting to technological changes

Question 35. Which of the following best summarizes paragraph 3?

- A. Lifelong learning has no impact on mental well-being.
- B. Engaging in learning activities leads to higher happiness and creativity.
- C. Learning should only occur in formal educational settings.
- D. Personal fulfillment is unrelated to lifelong learning.

Question 36. The word "enriching" in paragraph 3 is CLOSEST in meaning to ____.

- A. dull
- B. rewarding
- C. tiring
- D. irrelevant

Question 37. Which of the following is TRUE according to the passage?

- A. Lifelong learning primarily benefits young individuals.
- B. Social engagement is not related to educational programs.
- C. Continuous education can improve one's mental health and sense of belonging.
- D. Educational institutions have no role in promoting lifelong learning.

Question 38. Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. Individuals should pursue lifelong learning independently without any external help.
- B. Communities and institutions play a crucial role in supporting lifelong learning initiatives.
- C. Lifelong learning is not important for personal or professional growth.
- D. Individuals alone are responsible for their educational journeys throughout life.

Question 39. Which of the following can be inferred from the passage?

- A. Lifelong learning is an unnecessary practice in today's job market.
- B. Continuous education can lead to increased job opportunities and career advancements.

- C. People who do not engage in lifelong learning are likely to be happier.
- D. Technology has no influence on the necessity for lifelong learning.

Question 40. Which of the following best summarizes the passage?

- A. Lifelong learning enhances personal and professional development, requiring collaboration from individuals and institutions to foster a culture of continuous education.
- B. Learning is only necessary during formal education and has little relevance afterward.
- C. The pursuit of knowledge is a one-time event that ends with graduation.
- D. Lifelong learning is solely about job training and skill enhancement.

-----HẾT-----

- Thí sinh không được sử dụng tài liệu.

- Giám thị không giải thích gì thêm.